Essential knowledge that pupils need to be educated citizens:

- Sandy Hill Planets/STARS built into each and every lesson - taught attributes but caught and subsequently celebrated.
- Complete PE Scheme of Work is a progressive programme that builds on children's skills and prior knowledge.
 Teachers develop sustainable skills.
- PE lessons that are at least 80% active and every child physically active for 30 minutes each school day- healthy and active lifestyles developed.

Introducing them to the best that has been thought and said:

- Motivational quotes shared in lessons by influential and sporting persons.
- School's link with the Youth Sport Trust who keep the school up to date with current and best practice.
- Links with professional sport (e.g. Plymouth Argyle and Cornish Pirates).

Cultural Capital at Sandy Hill PESSPA

Community

- Intra and inter school competition, with HUB, MAT and Cornwall
- Partnership with local sports network
- Visits to use local sporting facilities

Helping to engender an appreciation of human creativity and achievement

- At the start of each lesson watching examples of sporting achievement and creativity.
- Picture News used across the curriculum which involves regular sporting news.
- Class and Whole School celebration
- School newsletter that celebrates PESSPA
- Class termly sports star focus in class assembly linked to current PE area of learning

Careers

 Primary Futures visits, visitors and web meets include careers linked to physical activity or sport e.g. physiotherapy