

Subject Progression

Physical Education – Year 2

Adjusted Autumn Term Due to COVID restrictions

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Athletics: -I can increase the distance I can jump by improving my technique and I can link a hop, jump and leap together. -I am beginning to use my arms to help increase distance, my head for balance and my legs for a good take-off and landing	Athletics: I can demonstrate the skills I have learned in a competitive situation.	Games Unit 3: -I can use my throwing skills to play a Frisbee golf game as in the pupil challenge.	Games Unit 4: -I can send, receive and steer a ball in a game situation.	OAA: -I can work with a partner to complete an orienteering course of 10 controls on a playground. -I can work in a group to cross an imaginary river safely. I can use only the equipment on the river bank to help me and work as part of a team.	Net and Wall -I can begin to use the skills I have learned to play a competitive game. (ready position, volley, return the ball).
		Gymnastics Directions and Pathways -I can join together four actions showing different pathways and moving in different directions. I can either, start on the floor and finish on the apparatus or start on the apparatus and finish on the floor.	Dance: -I can practice and perform a dance based on the safari (topic link). I can work with a partner, using levels and travel actions in my dance.	Gymnastics Traveling and Jumping -I can choose 2-4 different gymnastic actions. I can include a jump in my sequence. -I can link these together, so I do one after the other, using the floor and apparatus. -I can make a shape at the beginning and the end of my movements. (Start and finish positions)	Striking and Fielding -I can begin to use the skills I have learned to bowl, roll, throw, catch, strike and hit a ball in a small game situation.
Self-motivated		Thinkers	Aspirational	Resilient	Supportive