

Sandy Hill Academy

News

29th April 2016

Important Dates for your diary

5th May– Polling Day: School & Nursery Closed

9th May– Year 6 SATs Week

7th June– Reception Welcome Meeting 7pm

13th June– Year 4 camp

17th June– School Sports Day PM (24th June Back up date)

20th June– Year 6 camp

23rd June–Polling Day: School & Nursery Closed

4th – 5th July–Penrice Transition Days

4th July–Penrice Welcome Evening

11th – 12th July–Poltair Transition Days

20th July–Last Day of Term

Double Success for Sandy!

County Champions




Represented Cornwall in the ESFA regionals by winning their 7 a side tournament.

The girls football team have been outstanding in their matches and training. They always show great determination, work well as a team and have great dedication.

Their coaches Mrs Williams and Miss Simpson have been very impressed with their positive spirit and fair play attitude.

We are very proud of the team and the coaches, Well Done!





Stars of the Week

YR -	Caden Stoner
YR/I -	Olivia O'Hara Boa
YI/2 -	Balin Witt
Y2 -	Katelin Williams
Y3 -	Bradley Tanner
Y4 -	Lucy Hammett
Y5 -	Amelie Trudgian
Y6 -	Seb Powell



Lunch Time Stars



Year 4



phonics word of the week



This weeks word of the week is “armchair” and the pseudo word is “cear”.

Merit Award Certificates

Well Done to the following children who have been awarded their merit certificates

**SILVER— Matthew White Elysia Lydon
Daniel Rowe Cameron Lawson**

GOLD— Chloe George

PLATINUM—Lewis Wickett

Car Park

Sandy Hill Car Park is for staff and blue badge holders only. Parking for school and nursery parents is not permitted at ANY time.

School Dinners

Week beginning
Monday 2nd May

School Dinners are
£2.20 a day, these can
be paid in advance or
on the day in a named
purse.

Packed Lunch



We ask that nuts including peanuts are not brought into school due to children & staff suffering with nut allergies. Thank you.

Week one	
	11/04 02/05 23/05 20/06 11/07
Monday	<p>Best Cobbler Organic Mince Beef Cobbler with Creamy Mash Potato, Green Beans and Sweetcorn</p> <p>Mega Mozzarella & Tomato Pizza v Cheese and Tomato Pizza with Wedges and Crunchy Salad</p> <p>Apple Crumble Fresh Fruit Yoghurt</p>
Tuesday	<p>Bangers with a Mash Mountain Farm Assured Pork Sausages with Creamy Mash Potato, Cauliflower, Peas and Gravy</p> <p>Barry Bean's Veggie Chili v Vegetable Chili with Soft Tacos, Wholegrain Rice and Tomato Salsa</p> <p>Fruit in Jelly Fresh Fruit Yoghurt</p>
Wednesday	<p>Organic Roast Beef and Bud's Crispy Spuds With Carrots, Seasonal Cabbage and Gravy</p> <p>Super Quorn Roast and Bud's Crispy Spuds v With Carrots, Seasonal Cabbage and Gravy</p> <p>Chocolate Brownie with Fresh Fruit Fresh Fruit Yoghurt</p>
Thursday	<p>Sadie's Chicken Curry Chicken Tikka Masala Sauce with Basmati Rice and Cucumber and Yoghurt Raita</p> <p>Jud's Spud with Vegetable Korma v Jacket Potato with Cauliflower and Chickpea Korma and Crunchy Salad</p> <p>Mango FroYo Fresh Fruit Yoghurt</p>
Friday	<p>Fish Fingers with Chips Golden MSC Pollock Fillet Fish Fingers with Chips, Baked Beans and Peas</p> <p>Cheese and Tomato Tart v Cheese and Tomato Tart with Chips, Baked Beans and Peas</p> <p>Fruit-Packed Picnic Bar Fresh Fruit Yoghurt</p>

For lunch box idea's go to :

<http://www.nhs.uk/Livewell/childhealth6-15/Pages/Lighterlunchboxes.aspx>

Kids Club

Kids Club will be open on Thursday 5th May (Polling Day, school and nursery closed). However, please note that it will not open on 23rd June (Polling day, school and nursery closed).

Please ensure that your child is booked in to breakfast club or after school club. If you arrive without booking, we may have to turn you away if we are full.



School uniform can be sourced locally apart from the sweatshirt which is available from Wovina—www.wovina.com

Please ensure that long hair is tied back.

Health & Wellbeing



Sleep



Your Brain Needs Sleep, so you can:

- Remember what you learn
- Pay attention and concentrate
- Solve problems and think of new ideas

Your Body Needs Sleep, so your:

- Muscles, bones, and skin can grow
- Muscles, skin and other parts can fix injuries
- Body can stay healthy and fight sickness

Winding down is a critical stage in preparing your child for bed. There are many ways for them to relax:

- A warm (not hot) bath will help their body to reach a temperature where it's most likely to rest.
- Reading to your child
- Relaxation exercises, such as light yoga stretches, will help to relax their muscles.
- Having a regular routine

Avoid screens in the bedroom

The bedroom should be a relaxed environment.

Experts say that bedrooms are strongly associated with sleep, but that certain things weaken the association. These include tablet computers, mobiles/smartphones, TVs and other electronic gadgets.

Mobile phones, iPad & laptops (not kindles) use blue light. Blue light in the evening tricks the brain into thinking that it is daytime, which inhibits the production of melatonin and reduces both the quantity and quality of sleep.



Parent Support Advisor

Every Wednesday morning at Sandy Hill Academy between 8:20am and 12:00pm, there is an open door drop in session with the Parent Support Advisor, Sarah Chown. Sarah will be happy to help you with any concerns you may have such as:

- Changes in behaviour with your child
- Child sleep issues
- Debt management
- Housing concerns
- Help with any forms that need completing.

Or if you would like to stop by for a cuppa and a chat, you would be more than welcome.

Sarah looks forward to seeing you.



Attendance

Whole School : Week ending 22/04/2016 - 96.81%

Government satisfactory Attendance for a pupil is 95%.

YR - 95.76%

Y3 - 97.31%

YR/1 - 95.93%

Y4 - 96.48%

Y1/2 - 96.63%

Y5 - 97.44%

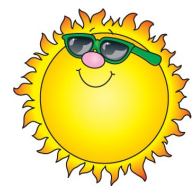
Y2 - 97.44%

Y6 - 97.55%

Well Done to Year 6 with 97.55% attendance.

Thank you for your support in helping to reach our attendance target. Attendance is very important to every child's learning and we look forward to continuing to improve our attendance figures.

FOSHA NEWS



Saturday 9th July
11am - 2pm

Our annual summer fayre is fast approaching and we are looking for lots of help and donations please.

If you could spare some time to help with the setting up / running of a stall, please do let us know as soon as possible. The fayre is always such a fun event with lots of happy children!

We would love donations towards the fayre please :-

Teddy bears

Chocolates

Biscuits

Toys

Books



All donations can be handed into the office.

THANK YOU





Junior
BAKE OFF



...IS LOOKING FOR THE UK'S BEST YOUNG BAKERS.

Do you fancy putting your baking skills to the test? Can you make the most mouth-watering shortbread? Are you potty about pies or simply bonkers about bread?

CBBC is looking for junior bakers aged between 9 -12 years across the country to take part in the brand new

Junior
BAKE OFF

All parents/guardians please visit:

www.bbc.co.uk/cbbc/joinin/junior-bake-off-4-be-on-a-show
for an application form.

For Enquiries:

Email: juniorbakeoff@loveproductions.co.uk

Tel: 0207 067 2470

Twitter: [@BritishBakeOff](https://twitter.com/BritishBakeOff)

Terms and Conditions of Entry: All applicants must be between the ages of 9 and 12 years for the period of 1st July 2016 – 1st September 2016. All completed applications must be sent back to us by **midnight Sunday 1st May 2016.** The programme's filming period is likely to be between the 23rd July and 21st August 2016. All applicants must be resident in the UK. Any child with immediate members of their family or members of their household who are employees/directors/agents of either the BBC or Love Productions are not eligible to appear on the programmes or participate in the application process. All applicants must be accompanied by a parent or a legal guardian at the audition and during filming. Submission of an application form and compliance with the above terms does not in any way constitute an offer to appear on the programme. The Production Team's decisions regarding selection to the programme are final.