Exmouth Kit List 2018

* Sleeping bag and pillow
* Nightwear
* Sensible clothing – shorts, leggings, trousers, t-shirts, jumper, waterproof jacket (fingers crossed it is hot weather!)
* Night out (Prezzo) wear
* Sun cream, sun hat and sun glasses
* Sensible footwear – trainers, flip flops, beach/sea shoes
* Swim wear and beach towels, rash vest (optional)
* Toiletries – shampoo, shower gel, toothbrush, tooth paste, towels
* Rucksack
* Torch
* Packed lunch for the 1st day
* Water bottle
* Camera
* Spending money (discretion of parents)
* Snacks for during the day/week
* No mobile phones
* Any medication must be given into Mrs Simpson before we leave with medication form signed